

2017 Veteran's Resource Guide

Serving Northern New Hampshire, Vermont and Western Maine

Veteran and Providers Local Guide to Community Resources.



If in crisis or facing homelessness call:

1-877-424-3838

*Presented by the
New Hampshire North Country Veterans Committee*

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Primary Contacts

-NEW HAMPSHIRE-

VA Homeless Outreach Worker: Rob Norris Coverage for Upper Grafton, NH Cell: 802-359-2072, Robert.Norris3@va.gov	VA Homeless Peer Support Specialist: Kelvin Stuart Coverage for Northeastern Vermont and Northern NH Cell: (603) 361-8220 Kelvin.Stuart@va.gov
Call 2-1-1 New Hampshire for personal assistance 24 hours a day. If outside New Hampshire call 866-444- 4211, www.211nh.org	Tri-County Community Action Program: Homeless Outreach, NH 603-444-0184 Littleton, Northern Grafton County www.tccap.org
Tri-County Community Action Program: Homeless Outreach, NH 603-323-7400 Carroll County	Tri-County Community Action Program: Homeless Outreach, NH 603-788-2683 Coos County

Supported Services for Veteran Families (SSVF): Assists homeless and at-risk Veterans with aim to improve housing stability. (See page 8 for more information) There are different SSVF providers and Veterans are encouraged to select and work with one. NH SSVF providers include:

Harbor Homes: 603-882-3616	Veterans Inc: 603-247-5283/603-401-2537
SSVF at the University of Vermont 802-656-3232 844-820-3232 Toll Free	Southwestern Community Services: 603-352-7512/603-313-7970

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 603-225-1309

New Hampshire Coos County ServiceLink Resources Center: one stop disability and aging resource center for Seniors, Veterans and Adults with Disabilities providing a full scope of supported referrals. 1-866-634-9412 or 603-752-6407. www.nh.gov/servicelink

Granite State Independent living: (NH) 603/228-9680 (V/TTY) (GSIL) is a statewide, non-profit organization whose mission is to promote life with independence for people with disabilities and those experiencing the natural process of aging through advocacy, information, education and support www.gsil.org

-VERMONT-

VA Homeless Outreach Worker: Rob Norris Coverage for Northeastern Vermont Cell: 802- 359-2072 Robert.Norris3@va.gov	Call 2-1-1 Vermont for personal assistance 24 hours a day. If outside Vermont call 802-652- 4636 vermont211.org
Northeast Kingdom Community Action— Newport, Vermont 802-334-7316 Orleans County http://www.nekca.org	Northeast Kingdom Community Action— St. Johnsbury, Vermont 802-748-6040 Essex and Caledonia Counties

Support Services for Veteran Families (SSVF), (see page 8 for more information) There are different SSVF providers and Veterans are encouraged to select and work with one. Vermont SSVF providers include:

Veterans Inc. 802-451-9189 802-222-7429	SSVF at the University of Vermont : 802-656-3232 844-820-3232 Toll Free
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Vermont Veteran Outreach Program (VVO): Conducts ongoing outreach to primarily all combat Veterans and their families. Assists with identifying potential needs and facilitates access to all available resources. VVO partners with the Family Assistance Centers and other local, state and federal agencies, ensuring the concerns of Veterans and their families are responded to in a prompt and confidential manner. Orleans/Essex County: 802-399-6250. Caledonia County: 802-734-2282.

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 802-338-3354

Area Agency on Aging: Vermont Senior Helpline at 1-800-642-5119. The Area Agency on Aging for Northeastern Vermont is a private, community-based, non-profit organization working to support older adults (age 60+) and their family caregivers to live healthy, active, independent and productive lives. They serve residents in the counties of Caledonia, Orleans and Essex. www.nevaaa.org

Vermont Center for Independent Living: 1-800-639-1522 (Voice/TTY) Information, Referral & Assistance services provided to people with disabilities, the deaf, their family members, organizations, and agencies. VCIL's Information, Referral & Assistance Specialists help you find the assistance you need to achieve your independence. www.vcil.org

-MAINE-

VA Homeless Services: Togus VA Medical Center Augusta, ME 1-207-623-8411 x5658.	Call 2-1-1 Maine: For personal assistance 24 hours a day. If outside Maine call 1-866-811-5695, www.211Maine.org
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Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA offers Individual Transition Plans which includes education, training, information, guidance, advocacy, Health, Life Ins., Veterans Benefits, Career Change, Relocation, Financial and Employment Assistance, for Federal or State benefits. Includes entitlements and local resources. **207-430-5778.**

-Legal Assistance Resources-

Legal Boots on the Ground Clinic PO BOX 243, Rochester, NH 03866 (603)716-8488 www.vfnh.org	New Hampshire Legal Assistance Offices in- Claremont 800-562-3994, Berlin 800-698-8969 Portsmouth 800-334-3135 Monday-Friday 8:30am-5pm www.nhla.org
Vermont Legal Aid 1-800-889-2047 located in Springfield, Montpelier, Burlington, St. Johnsbury, and Rutland. www.vtlegalaid.org	Legal Services Law Line of Vermont 274 North Winooski Avenue Burlington, VT 05402 802-863-7153 www.lawlinevt.org

Veteran Justice Outreach (VJO) Program

The purpose of the Veterans Justice Outreach (VJO) Program is to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved Veterans have timely access to VHA services as clinically indicated. Veterans Justice Outreach Specialists are responsible for direct outreach, assessment, and case management for justice-involved Veterans in local courts and jails, and liaison with local justice system partners. Mike Owens is the VJO for the White River Junction VA. He can be reached at 802-295-9363 x5681. Please note that VA cannot provide legal services. If you need legal assistance, please contact your local VJO Specialist who may know of community resources for legal assistance.

www.statesidelegal.org/findinghelp.com

VA Homeless Outreach Workers for Vermont and New Hampshire

National VA Homeless Veteran Call Center 1-877-424-3838	If you are a Veteran who is homeless or at risk of becoming homeless.	Homeless Intake Line Togus VA Medical Center Augusta, ME 207-623-8411 x5658	Maine
Homeless Services Manchester NH VA Homeless Coordinator 603-624-4366 x3622	Manchester NH VA Jurisdiction (including Carroll, Belknap, Merrimack, Strafford, Rockingham and Hillsborough Counties)	Leigh Smith Bennington Clinic Bennington, VT 802-595-9023	Covers to Southwestern Vermont.
Carly Farmer Brattleboro CBOC Brattleboro, VT 802-251-2228 X 2228	Covers in southeastern Vermont and western NH.	Jason Brill Burlington Lakeside Burlington, VT 802-657-7082	Coverage to Northwestern and Central Vermont (Clinic)
Tracy Sweeny Burlington Lakeside Burlington, VT 802-657-7081	Covers Northwestern and Central VT. Grant and Per Diem Liaison, providing Case Management to Transitional Housing Programs (Clinic).	Kelvin Stuart Littleton Clinic Littleton, NH 603-361-8220	Northeast Kingdom of Vermont and North Country of New Hampshire (Including Orleans, Caledonia, Essex, Coos and Upper Grafton Counties).
Robert Norris Newport Clinic Newport, VT 802-359-2072	Covers the Northeast Kingdom of Vermont Orleans, Caledonia, Essex and Upper Grafton Counties.	Daniel Thompson Rutland CBOC Rutland, VT 802-772-2300	Covers Central Vermont
Dale Pushee VA Medical Center White River Junction, VT 802-281-2038	Provides peer support to Cheshire county area and RRC.	Calvin Smith VA Medical Center White River Jct., VT 802-295-9363	Covers Upper Valley area and throughout Central Vermont. Grant and Per Diem Liaison.
Linda Neily VA Medical Center White River Junction, VT 802-295-9363 x5769	Provides case management and referrals for homeless veterans engaged in substance abuse treatment.	Keith Shelton VA Medical Center White River Junction, VT 802-295-9363 x6095	Provides peer support to the Upper Valley area.
Michael Reid VA Medical Center White River Junction, VT 802-295-9363 x5763	Coverage to the Central Vermont and Upper Valley area.		

Domestic Violence Programs

-NEW HAMPSHIRE-

Response To Sexual And Domestic Violence Berlin, NH 03570 603-752-5679 866-662-4220 (hotline)	Tri-County Community Action Program Support Center at Burch House Littleton, NH 03561 (800)774-0544 Client Hotline 603-747-2441 Woodsville 603-444-0624 Littleton	Voices Against Violence PO Box 53 Plymouth, NH 03264 (603) 536-1659 (603)536-5999 877-221-6176 (hotline)
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-VERMONT-

Umbrella—Newport, Vermont Newport, Vt. 05855(802)334-1398 (802)748-8645 (HL)	Umbrella—St. Johnsbury, Vermont St.Johnsbury, Vt. 05819 (802)748-8645 (HL) 802-748-1992
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-MAINE-

Maine State-Wide Domestic Violence Helpline: 1-866-834-(HELP) 4357

Supportive Services for Veteran Families (SSVF)

Supportive Services for Veteran Families (SSVF) assists homeless and at-risk Veteran families. Through the SSVF Program, VA aims to improve very low-income Veteran families' housing stability. Grantees (private non-profit organizations and consumer cooperatives) will provide eligible Veteran families with outreach, case management, and assistance in obtaining VA and other benefits, which may include:

Health care services	Legal services	Daily living services	Child care services
Fiduciary and payee services	Transportation services	Personal financial planning services	Housing counseling services

In addition, grantees may also provide time-limited payments to third parties (e.g., landlords, utility companies, moving companies, and licensed child care providers) if these payments help Veterans' families stay in or acquire permanent housing on a sustainable basis.

-New Hampshire-

Support Services for Veteran Families (SSVF), Assists homeless and at-risk Veterans with housing stability.

Veterans Inc: 603-247-5283/603-401-2537	Harbor Homes: 603-882-3616
SSVF at the University of Vermont: 802-656-3232/844-820-3232	Southwestern Community Services: 603-352-7512/603-313-7970

-Vermont-

Support Services for Veteran Families (SSVF), Assists homeless and at-risk Veterans with aim to improve housing stability. There are different SSVF providers and Veterans are encouraged to select and work with one.

Veterans Inc. 802-451-9189/802-222-7429	SSVF at UVM: 802-656-3232/844-820-3232
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Homeless Sheltering Programs

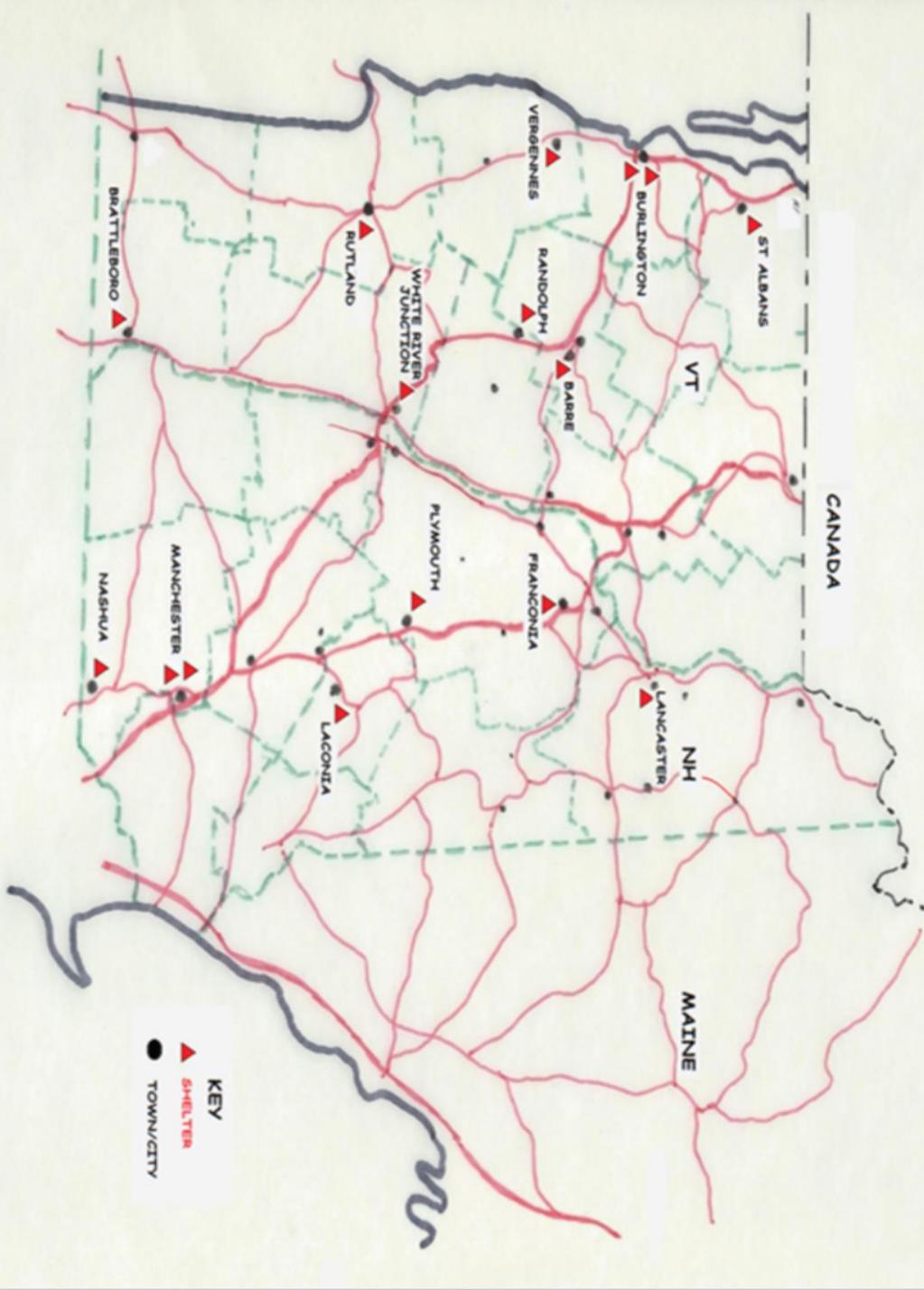
-Northern New Hampshire-

The Friends Program 202 North State Street Concord, NH 03301 603-228-1193	Bancroft House 104 Harvard St. Franconia, NH 03580 603-823-8842	Carey House 177 Union Avenue Laconia, NH 03246 603-528-8086	Tyler Blain House 56 Prospect St. Lancaster, NH 03584 (603)788-2344 www.tccap.org
New Horizons for NH 434 Union Street Manchester NH 03103 (603)668-8698	The Way Home 214 Spruce Street Manchester, NH 03103 603-627-3491	Maple Arms Shelter 14-1 Maple St Nashua, NH 03246 (603)882-5451 www.harborhomes.org	The Bridge House, Inc. 260 Highland St. Plymouth NH 03264 (603)536-7631 http://tbhshelter.org

-Vermont-

Samaritan House 20 Kingman St. St. Albans, VT 05478 (802) 527-0847 Samaritanhouseinc.com	Good Samaritan Haven 105 N. Seminary St. Barre, VT 05641 (802) 479-2294 goodsamaritanhaven.org	Morningside Shelter 81 Royal RD Brattleboro, VT 05301 (802) 257-0066 www.morningsideshelter.org
COTS 189 Church St. Burlington, VT 05401 (802) 862-5418/7402 www.cotsonline.org	Upper Valley Haven 713 Hartford Ave. White River Junction, VT 05301 (802) 295-6500 uppervalleyhaven.org	John Graham Shelter 69 Main St. Vergennes, VT 05491 (802) 877-2677 www.johngrahamshelter.org
Safe Haven 4 Highland Ave Randolph, VT 05060 (802) 728-5233	Open Door Mission 31 Park St. Rutland, VT 05701 (802) 775-5661	ANEW Place 89 North St. Burlington, VT 05401 (802) 862-9879 www.beshelter.org
St. Johnsbury Warming Shelter (802) 748-6040 Open only during winter, please call for more information.		

HOMELESS SHELTERS
OF VERMONT AND NEW HAMPSHIRE



Transitional Housing Programs

-Grant and Per Diem (GPD)-

Depending upon what your individual needs and on bed availability at particular locations, you may be eligible for one of the Grant and Per Diem (GPD) Programs. The GPD programs are transitional, supportive housing in which homeless Veterans may potentially stay for up to two years with the goal of working toward permanent housing during this period. GPD Programs involve a range of structured activities, such as group and house meeting attendance and participation, opportunities to meet with non-VA human service providers, and offerings for volunteer, social, and civic opportunities. Veterans are allowed 3 admissions to a GPD program in their lifetime. There are circumstances where this limit may be waived. The determination is made between the GPD program site staff, the VA liaison assigned to the GPD program site, and the national GPD program headquarters.

Veterans with an honorable or other than honorable discharge may be eligible for the GPD program. The Veteran's period of service must include a period of active military duty not for the purpose of training. Therefore, you may be eligible for VA homeless out-reach services while you are in the GPD program even when you may not be eligible for VA health care. Veterans are provided lodging at the GPD sites and case management. The VA pays for services and case management. Veterans may pay a residential fee.

As a general rule, in order to be admitted to any one of the GPD Programs, Veterans need to have a 30-day sobriety from illicit substances and alcohol; GPD Programs have a zero tolerance policy for illicit substance and alcohol consumption and/or possession. Veterans are required to have had a physical and mental health evaluation 30-day prior to entering a GPD Program. You will be asked to complete Releases of Information and/or fill out applications for GPD Programs of interest. VA Homeless Outreach team members can assist with the completion of applications for GPD Programs.

Some individual GPD Programs encourage or require face-to-face interviews and/or tours of the facility prior to admission. VA Homeless Outreach team members are only able to accommodate one visit per Veteran to a GPD Program, if you are interested in visiting more than one prior to committing. You should consider coordinating transportation arrangements independently for additional visits.

Each site develops their own specific criteria for admission due to the different offerings provided at each program. Some sites have limited space available for families and/or couples on a case-by-case basis.

<p>Phoenix Houses of New England, Inc. RISE Program 11 Underhill Avenue Bellows Falls, Vermont 05101 Office: 802-463-9851 Fax: 802-463-9814 www.phoenixhouse.org/locations/Vermont</p>	<p>Veterans, Inc. 378 North Main Street Bradford, VT 05033 Office: 802-222-1543 Fax: 802-222-5100 www.Veteransinc.org</p>
<p>The Veterans Place, Inc. 220 Vine Street Northfield, VT 05663 Office: 802-485-8874 Fax: 802-485-9080 www.vermontVeteransplace.org</p>	<p>COTS Canal Street Housing for Veterans 120 W. Canal St., Suite 115 Winooski, VT 05404 Office: 802-655-1617 Fax: 802-654-9920 www.cotsonline.org</p>

-Manchester VA GPD Transitional Housing Programs-

<p>BAE Systems Independence Hall Harbor Homes, Inc. 335 Somerville Street Manchester, NH 03103 603-882-3616 ext. 1244</p>	<p>Buckingham Place Harbor Homes, Inc. 45 Spring St. Nashua, NH 03060 603-882-3616 ext. 1244 www.harborhomes.org/veterans-first</p>	<p>Dalianis House Harbor Homes, Inc. 59 Factory St. Nashua, NH 03060 603-882-3616 ext. 1244 www.harborhomes.org/veterans</p>
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Other Transitional Housing: Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

The Dodge House: 95 Crescent Street Rutland, VT 05701 802-775-677 www.gmvevac.com/dodge-house.html	Harbor Homes, Inc.: 10 Trinity Street Claremont, NH 03743 (603) 882-3616
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VA Supported Housing Program (VASH)

Homeless Veterans may qualify for the VASH program. VASH provides Veterans with long-term, ongoing case management in the community and a Section 8 Housing Choice voucher. Veterans must demonstrate a willingness to engage in goal-oriented activities, meet routinely with a case manager, comply with lease and occupancy agreements, and live within an hour of either the VA Medical Center or a Community-Based Outreach Clinic (CBOC). Notify a VA Homeless Outreach Worker if you are interested in learning more about the eligibility criteria, policies, and procedures associated with being a VASH enrollee and wish to be considered for VASH by the White River Junction VA homeless team.

Veterans Service Organizations

To apply for health care benefits through the VA or to request assistance from many Veteran Service Organizations, your DD2 14 will be required. It is also possible that you may find your DD 214 at the State Office of Veterans' Affairs in which you were living upon Discharge from service.

Friends of Veterans (FOV) is a 100% volunteer-run, non-profit organization that assists Veterans with improving their self-sufficiency through classes, case management, and financial assistance for those who qualify. Veterans who are looking for assistance with back rent, a security deposit, or overdue utility bills will need to present their DD214 and documentation regarding their financial circumstances such as eviction notice, outstanding balance on an invoice, and a completed expense and income form. Veterans should contact FOV for an intake meeting.

Friends of Veterans: 222 Holiday Dr, Suite 4 White River Junction, VT 05001 802-296-8368 http://www.friendsofveteransvtnh.org	Veterans Count (Easter Seals): (603) 315-4354(NH) / (802) 223-4744 (VT) cfisher@eastersealsnh.org
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Veteran Service Organizations- Your local American Legion, Disabled American Veterans, Veterans of Foreign Wars, or other non-VA Veteran organizations may have financial and non-financial assistance available.

American Legion: 802-296-5166 (VT) 603-222-5786 (NH)	Disabled American Veterans: 802-296-5167 (VT) 603-222-5788 (NH)
Veterans of Foreign Wars: 802-467-8509 (VT) 603-335-5923 (NH)	Vietnam Veterans of America: 802-775-1745 (VT) 603-566-7749 (NH)
The Family Resource Center at Gorham: Jennifer Buteau 466-5190 ext. 303 For community based programs that service families throughout Coos County and Upper Grafton County.	Veteran Advocate and Resource Specialist Cathy Bentwood RN. Available at the Plymouth NH American Legion Wednesdays 2- 4. Veterans, families or friends who are at risk are welcome Cell: 603-455-1057 or 603-254-9848 bridgehouseinc@gmail.com

Area Housing Authorities/Property Management Companies

-NEW HAMPSHIRE-

<p>NEW HAMPSHIRE HOUSING FINANCE AUTHORITY 32 Constitution Drive Bedford, NH 03110 (800) 640-7239 Toll Free (800) 439-7247 Rental Program (603) 472-8623 Service/Intake (603) 472-2089 TDD http://www.nhhfa.org rentinfo@nhhfa.org</p>	<p>Berlin Housing Authority 10 Serenity Circle, Berlin, NH 03570 (603) 752-4240</p>	<p>LANCASTER HOUSING AUTHORITY (Applications at Town Hall) c/o Berlin Housing Authority 10 Serenity Circle Berlin NH 03570 1-603-752-4240</p>
<p>Northumberland Housing Authority (Applications at Town Hall) c/o Berlin Housing Authority 10 Serenity Circle Berlin NH 03570 1-603-752-4240</p>	<p>REALTY RESOURCES MANAGEMENT: THE WOODS APARTMENTS 1228 Route 175 Campton, NH 03223 (603) 726-4677 (800) 338-8538 (877) 550-4777</p>	<p>SK MANAGEMENT 16 Charlevoix Place Laconia, NH 03246 (603) 878-2400 (603) 878-4740 Fax</p>
<p>Affordable Housing Education & Development (AHEAD) 161 Main Street Littleton, NH 03561 (603)444-1377 www.homesahead.org</p>	<p>NORTHERN COMMUNITY MANAGEMENT BEATTIE HOUSE 262 Cottage Street Littleton, NH 03561 (800) 639-3403 Toll Free</p>	<p>Pelletier Property Management 120 Cottage St. Suite #2 Littleton, NH Phone 444-6999 pellproperties@hotmail.com</p>
<p>Stewart Property Management 41 Cottage Street Littleton, NH 03561 (603) 444-5244 www.stewartproperty.net</p>	<p>THE HODGES COMPANIES: PRINCE HAVEN APARTMENTS 20 Prince Haven Rd Plymouth, NH 03264 (603) 224-9221 Service http://www.hodgescompanies.com</p>	<p>PLYMOUTH WOODS: (Plymouth area) Hanaway Management 603-536-4402</p>
<p>Southern NH Services: (Plymouth area) Fairgrounds Road 603-744-3627</p>	<p>CROTCHED MOUNTAIN MCINTYRE SCHOOL APARTMENTS 16 Highland Street Whitefield, NH 03598 (800) 495-7731 Toll Free http://www.crotchedmountain.org mcintyre@crotchedmountain.org</p>	<p>THE CALEB FOUNDATION, INC. HIGHLAND HOUSE APARTMENT 30 Highland Street Whitefield, NH 03598</p>

-Vermont-

<p>Alliance Property Management 3 Old Pump Road Jericho, VT 05465 802-899-3400/877-321-3400</p>	<p>RuralEdge P.O. Box 86 Lyndonville, VT 05851 (800)234-0560/802-334 1541 www.mythome.org</p>	<p>Vermont State Housing Authority One Prospect Street Montpelier, Vermont 05602 802- 828-3295</p>
<p>Memphremagog Rentals 273 Main Street, STE. 2 Newport, VT 05855 802-334-2262/866-334-2261 Fax 802-334-2454 www.memphremagogrentals.com</p>	<p>MT Holyoke Management VT Depot Square apartments (St. Johnsbury, VT) 344 Main Street Holyoke, MA 01040 413-534-0955/802-748-4330</p>	

-Maine-

Maine State Housing Authority 353 Water Street Augusta, ME 04330 (207) 624-5777 or (866)357-4853

-Meals and Food Services-

Free daily meals are available throughout the region. In addition to meals, there are several community food shelves. Listings of meals are available upon request. 2-1-1 VT or 2-1-1 NH are great resources to find local up-to-date information regarding meals and food service. Other sources to find out about food shelves and pantries by location include:

New Hampshire Food Bank 603-669-9725 www.nhfoodbank.org	Vermont Food Bank 800-585-2265 www.vtfoodbank.org
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Food Pantries by County

-NEW HAMPSHIRE: Coos County-

Harvest Christian Church 219 Willow Street Berlin, NH 03570 603-752-5374	Salvation Army 15 Cole Street Berlin, NH 03570 603-752-1644	St. Vincent De Paul 153 Grafton Street Berlin, NH 03570 603-752-4844	Helping Hands North 96 Main Street Colebrook, NH 03576 603-237-5891
Tri County CAP 4 Pleasant Street Colebrook, NH 03576 603-237-8168	St. Francis Xavier 10 State Street Groveton, NH 03582 603-636-2486	Christ United Methodist Church Main Street Lancaster, NH 03584 (603)788-2734 (MWF 1-3)	St. Matthew Roman Catholic Church 9 Jefferson Road Whitefield, NH 03598 603-837-2558

-NEW HAMPSHIRE: Upper Grafton County-

Bethlehem Town Office 2251 Main Street Bethlehem, NH 03574 603-869-3351	Helping Hands Food Pantry 475 Whitefield Road Bethlehem, NH 03574 603-444-1230	Campton Area Resource 12 Six Flags Road Handyman Bldg. Campton, NH 03223 603-236-6232	Campton Town Office 1307 NH, RTE. 175 Campton, NH 03223 603-726-3223
Church of Christ 44 Church Street Franconia, NH 03580	All Saints Episcopal Church 35 School Street Littleton, NH 03561 603-444-3414	White Mountain Christian Church Food Pantry 70 Reddington Street Littleton, NH 03561 603-444-6517	Woodstock Town Office 165 Lost River Road North Woodstock, NH 03262 603-745-8752
Assembly of God 319 Highland Street Plymouth, NH 03264 603-536-1966	Plymouth Area Closet 5 South Main Street Plymouth, NH 03264 603-536-1101	Plymouth Town Office 260 Highland Street Plymouth, NH 03264 603-536-2242	The Good Shepard Ecumenical Food Pantry Robert Clifford Building 65 South Court Street Woodsville, NH 03785 603-747-3442

-New Hampshire: Carroll County-

Memorial Hospital White Mt. Community Health Center 298 White Mountain Highway Conway, NH 03818 (603) 447-8900	First Christian Church of Freedom 12 Elm Street Freedom, NH 03836 603-539-5453 603-539-2637	Moultonborough United Methodist Church 1018 Whittier Highway Moultonborough, NH 03254	Vaughan Community Service 2503 White Mt. Highway North Conway, NH 03860 603-356-2324
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Agape Ministries 1895 Route 16 West Ossipee, NH 03890 603-539-4456	Wakefield Food Pantry 132 Meadow Street Sandbornville, NH03872 603-522-3094	Community Food Center Andrew's-In-The-Valley 678 Whittier Road St. Tamworth, NH 03886	Life Ministries 264 S. Main Street Wolfeboro, NH 03894 603-569-0202
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-VERMONT: Caledonia County-

Emergency Food Shelf 1476 Scott Highway Groton Town Office Groton, Vt. 05046 802-584-3276	Area Food Pantry 39 West Church St. St. John Baptist Church Hardwick, Vt. 05843 802-472-5940	Emergency Food Shelf 51 Elm Street St. Peter's Mission Lyndonville, Vt. 05851 802-626-5705	Helping other People Everyday—HOPE 101 Depot St Lyndonville, Vt.05851 802-626-3228
Kingdom Community Services 36 Steeple Place St. Johnsbury, VT. 05819 (802) 751-8581	NEKCA 115 Lincoln Street St. Johnsbury, VT. 05819 (802) 748-6040	Food Pantry Route 122 Sheffield Town Hall Sheffield, VT. 05866 (802) 745-7491	

-VERMONT: Essex County-

NEKCA Outreach Office 217 Gail Street Canaan, Vt. 05903 802-2667134	First Congregational Church 21 Middle Street Island Pond, Vt. 05846 802-723-5037	NEKCA Outreach Office 49 Mill Street Extension Town Hall Basement Island Pond, Vt. 05846 802-723-6245	Food Shelf 9 West Main Street Town Clerk's Office Lunenburg, Vt. 05906 802-892-5959
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-VERMONT: Orleans County-

Food Shelf 1036 Vt. RTE. 242 Municipal Building Jay, Vt. 05859 802-988-2996	NEKCA 70 Main Street Newport, Vt. 05855 802-334-7316	Saint Mark's Episcopal Church 44 Second Street Newport, Vt. 05855 802-334-7365	Orleans Federated Church 58 School Street Orleans, Vt. 05860 802-754-6486
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Food Stamps, Fuel Assistance and Other State Support Programs

-Vermont-

Economic Service Division - Agency of Human Services, State of **Vermont** (800) 479-6151 The Economic Services Division (ESD) helps Vermonters meet their basic needs through programs such as 3SquaresVT, Essential Person, Fuel Assistance, and Reach Up. These programs provide a safety net for individuals and families who may be experiencing unemployment, single parenthood, aging, disability, or other life-changing events.

www.screendoor.vermont.gov

www.mybenefits.vt.gov

-New Hampshire-

Division of Client Services- Department of Health and Human Services, State of **New Hampshire**: DHHS

650 Main Street, Suite 200 73 Berlin, NH 03570 (603) 752-7800 (800) 972-6111	Hobbs Street Conway, NH 03818 (603) 447-3841 (800) 552-4628	80 North Littleton RD Littleton, NH 03561 (800) 552-8959	65 Beacon St West Laconia, NH 03246 (800) 852-3345
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Receive assistance paying for food, health care and phone service. Apply for Nutrition Programs and Medicaid Programs. Eligible applicants will be required to provide written documentation of their living situation, financial, employment, and disability status, and contact information.

Community Action Agencies (CAP): Help with electric service payment assistance, gas service payment assistance, heating fuel assistance.

Ashland 41 School Street Ashland, NH 03217 (603) 968-3560	Berlin 53 Main Street Berlin, NH 03570 (603) 752-7001	Colebrook 3 Parsons Street Colebrook, NH 03576 603-237-8168	Groveton 13 Main Street, Apt. 2 Groveton, NH 03582 (603) 636-5004
Lebanon 57 Mechanic St Suite G-01 Lebanon, NH 03766 (603) 443-6100	Littleton 262 Cottage Street, suite 3 Littleton, NH 03561 (603) 444-6653	Meredith 147 Main St, Meredith, NH 03253 (603) 279-4096	Woodsville 6 School Street Woodsville, NH (603) 747-3013

Town Welfare Offices: New Hampshire law (RSA 165) requires each town and city to have a local welfare program to help eligible residents meet their basic living needs.

-Coos Town Offices-

Berlin 603-752-2120	Carroll 603-846-5754	Clarksville 603-246-7751	Colebrook 603-237-4070	Columbia 603-237-5255
Dalton 603-837-2092	Dummer 603-449-2006	Errol 603-482-3351	Gorham 603-466-3322	Jefferson 603-586-4553
Lancaster 603-788-3391	Milan 603-449-2484	Northumberland 603-636-1450	Pittsburg 603-538-6697	Randolph 603-466-5771
Stark 603-636-2118	Shelburne 603-466-2262	Stewartstown 603-246-3329	W. Stewartstown 603-246-3321	Whitefield 603-837-2551

-Grafton Town Offices-

Alexandria 603-744-3220	Ashland 603-968-4432	Bath 603-747-2454	Benton 603-787-6541	Bethlehem 603-869-3351
Bridgewater 603-744-5055	Bristol 603-744-3354	Campton 603-726-3223	Canaan 603-523-9881	Dorchester 603-786-9476
Easton 603-823-8017	Ellsworth 603-726-7620	Enfield 603-632-5026 x117	Franconia 603-823-7752	Grafton 603-523-7140
Groton 603-744-9190	Hanover 603-640-3200	Haverhill 603-787-6800	Hebron 603-744-2631	Holderness 603-968-3537
Landaff 603-838-6220	Lebanon 603-448-2944	Lincoln 603-745-2757	Lisbon 603-838-6376	Littleton 603-444-3996
Lyman 603-838-5900	Lyme 603-795-4639	Monroe 603-638-2644	Orange 603-523-7054	Orford 603-353-4889
Piermont 603-272-4840	Plymouth 603-536-2242	Rumney 603-786-9511	Sugar Hill 603-823-8468	Thornton 603-726-4232
Warren 603-764-5780	Waterville Valley 603-236-4730	Wentworth 603-764-9955	Woodstock 603-745-8752	

-Maine-

Maine Department of Health and Human Services: 207-287-3707 221 State Street, Augusta, ME. 04333

Transportation Resources

-Disabled American Veterans Volunteer Drivers Program (DAV)-

DAV provides FREE transportation for Veterans to and from the White River Junction VA Medical Center. Veterans should provide a Minimum of 48 hours' notice for pick-up, Walk-In and scheduled medical appointments between 9am and 2pm at the latest. The DAV Program office is located in Building 31, Ground Floor Blue Tile Area and can be contacted by calling 802-295-9363 x5394 or Toll Free 866-687-8387 x5394. The DAV program is able to offer service to some areas in the NEK and the North Country but unfortunately not all. There are designated DAV volunteer drivers who provide transportation to and from locations within the NEK and North Country. To see if the DAV Van Program can assist you with transportation it is best to contact one of the local van coordinators directly or call the main office in White River. The Colebrook area is a more difficult area of coverage for the DAV but if you are able to travel to Groveton, Gary Roy can assist with transportation. The following are local DAV volunteer Van Coordinators.

Berlin NH Gary Roy - 603-752-3024 (Thursday *)	Haverhill NH David Pruitt - 603-989-5946 (Tuesday to Friday)	Newport Vermont Heather Dowland - 802-895-4680 (Tuesdays)
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**Berlin has only one driver that makes one run a week, if drivers become available Berlin will make more runs.*

North Country Transportation Berlin, NH 03570 Phone: (603) 752-6714 Toll Free: 888-997-2020	Rural Community Transportation, Inc. (RCTI) St. Johnsbury VT 05819 Phone: (802) 748-8170 (Service to Caledonia, Orleans and Essex)
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Offering a fixed route service in the Berlin-Gorham, Colebrook-Groveton, Littleton-Lancaster, Northern Carroll County areas as well as door-to-door, senior and disabled citizen's transportation throughout The Great North Woods of Coos Country. Tri County Cap Transportation has also added their Long Distance Medical program. Call for more information.

Veterans Transportation Services (VTS) The primary transportation for Veterans requiring special assistance due to mobility restrictions and operates out wheelchair capable vans. VTS operates three vans taking veterans to and from appointments' at Boston area VA Medical Centers with Vans leaving at 8am, Noon and 2pm. (800-941-8387 x4381)

Maine DAV Augusta, ME Phone: (207) 551-4475
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Veteran Counseling and Support Groups

Crisis Prevention Hotline: We want you to have the support you need when you need it. The National Veteran Crisis Prevention Hotline is available 24 hours a day. The number is 1-800-273-TALK or 1-800-273-8255.

Primary Mental Health Clinic (PMHC): To get started receiving mental health services at the VA Medical Center in White River Junction, come to the Primary Mental Health Clinic (PMHC) located in Building 39 nearby the Primary Care Green Mountain Firm. The PMHC is open on a walk-in basis between the hours of 8:00 am and 4:00 pm Monday through Friday. Therapists and psychiatric prescribers both staff the PMHC. You can expect to meet with both clinicians during an initial assessment. You may be offered options for care, education about services available, or referrals to VA mental health clinicians, at this time.

Vet Centers: Readjustment counseling is a wide range of psycho social services offered to eligible Veterans and their families in the effort to make a successful transition from military to civilian life. These services include:

Screening & referral for medical issues including TBI, depression, etc.	Bereavement counseling for families who experience an active duty death
Military sexual trauma counseling and referral	Outreach and education including PDHRA, community events.

Substance abuse assessment and referral	Employment assessment & referral
VBA benefits explanation and referral	Family counseling for military related issues

VA's readjustment counseling is provided at community-based Vet Centers located near Veterans and their families. All Vet Center services are prepaid through military service.

The Berlin-Gorham Vet Center: (covering Northern NH/VT) offers services also at their “outstations” in North Conway—NH, Littleton—NH, Westmore—VT and Lyndon State College in Lyndonville—VT. Please call (603) 752-2571 for more information or to make an appointment at one of these sites.

The White River Junction Vet Center: offers services at their outstation in Plymouth NH. Please call (802) 295-2908 or (802) 698-3838 for more information or to make an appointment.

Sanford Vet Center: (Maine) (207) 490-1513

Mobile Vet Center: NH/VT/ME MVCs, of the Department of Veterans Affairs, are driven to far-reaching rural areas to provide Veterans with services such as counseling for Post-Traumatic Stress Disorder and Military Sexual Trauma, Bereavement Counseling, Marriage and Family Counseling and resources such as VA benefits information and suicide prevention referrals. Like Community-Based Vet Centers, MVCs focus on services that help Veterans make the difficult transition between military and civilian life. Call (802) 295-2908 or (802) 342-2398.

Vet Center Combat Call Center: An around the clock confidential call center where combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. The staff is comprised of combat Veterans from several eras as well as family members of combat Veterans. This benefit is prepaid through the Veteran’s military service. 877-WAR-VETS

Peer Support- VET-TO-VET: Gorham, New Hampshire- A volunteer group of Veterans helping other Veterans. Military Veterans from all eras and active duty personnel. 1st and 3rd Tuesday each month, 6:30 p.m. 7:30 p.m. Gorham Family Resource Center, 123 Main Street for Further Information please contacts any of the following:

Dave Canter: (603) 723 7273 lambschapel@msn.com	Lon Weston: (603) 869-2128 shermaninn@yahoo.com
Gilles Laramée: (603) 752-4745	Robin Lavertu: (603) 752-5500 ext. 92316

Other New Hampshire VET-TO-VET groups. For information contact either of the following:

Janet Dineen: 603- 228-6625 jdineen@mcservicelink.org	Jamie Tessier: (603) 345-0501 Vet2VetNH@gmail.com
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Veterans Health Administration Enrollment

All Veterans are encouraged to enroll in the VA Health Care System. To begin the process, please complete an: [Application for Health Care Benefits](#). You can submit the form online, or you may print the form and mail it to Eligibility: VA Medical Center Business Office – Eligibility VA Medical Center 215 North Main Street White River Junction, VT 05009. You can also bring the form to the Medical Center or any of the White River Junction VA outreach clinics. The Eligibility Office in White River Junction is located on the ground floor of the Ambulatory Care building. Whether mailing or bringing your application, please include the following items —a copy of both sides of your current Insurance card (including Medicare or Medicaid); a copy of your DD 214, 'Armed Forces Report of Transfer or Discharge' (Purple Heart recipients only); and a copy of your award Letter, if 'Purple Heart' is not noted on your DD 214. To speak to someone in our eligibility office, please call 802-295-9363 ext. 5118/6281

VA Medical Center, Eligibility Office -Bldg. 39 215 N. Main St White River Junction, VT 05009 (802)295-9363
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VA Health Care Eligibility and Enrollment for Veterans

Eligibility for VA health care is dependent upon a number of variables, which may influence the final determination of the services for which you qualify. These factors include the nature of a veteran's discharge from military service (e.g., honorable, other than honorable, dishonorable), length of service, VA adjudicated disabilities (commonly referred to as service-connected disabilities), income level, and available VA resources among others. Reservists and National Guardsmen must have served active duty by a federal activation, and for reasons other than for training purposes. **The character of discharge you received from the military can be a factor. It is not an issue if you received:**

An honorable discharge	A general discharge, or	A discharge under honorable conditions
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If you have a different character of discharge, you may still be eligible for care. Contact your Enrollment Coordinator at your local VA health care facility to see if you qualify. The length of your service may also matter. It depends on when you served. There's no length of service requirement for:

Former enlisted persons who started active duty before September 8, 1980, or	Former officers who first entered active duty before October 17, 1981
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All other veterans must have 24 months of continuous active duty military service for reasons other than for training, or meet one of the exceptions described below.

You do not have to meet the 24 continuous months of active duty service requirement if you:

Were a reservist who was called to Active Duty by federal executive order, and who completed the term for which you were called, and who was granted an other than dishonorable discharge, or	Were a National Guard member who was called to Active Duty by federal executive order, and who completed the term for which you were called, and who was granted an other than dishonorable discharge, or
Are only requesting a benefit for or in connection with: a service-connected condition or disability; or treatment and/or counseling of sexual trauma that occurred while on active military service; or treatment of conditions related to ionizing radiation; or head or neck cancer related to nose or throat radium treatment while in the military.	Were discharged for a reason other than disability, but you had a medical condition at the time that was disabling, and in the opinion of a doctor, would have justified a discharge for disability (in this last case, the disability must be documented in service records).
Were discharged or released from active duty for a hardship* , or	Have been determined by VA to have compensable service-connected conditions; or
Were discharged with an "early out"*; or	Were discharged or released from active duty for a disability that began in the service or got worse because of the service*; or
* must be documented on DD214	

Community Based Outreach Clinics (CBOC)

Once in the VA healthcare system Veterans are able to choose where they would like to be seen for primary care. They are able to receive their care at the hospital or any of the centers listed below.

<p style="text-align: center;">Bennington CBOC (White River Junction, VT, VA) 186 North Street Bennington, VT 05201 Phone: (802) 440-3300 Fax: (802) 442-3337 Hours: 8am - 4:30p Mon-Fri</p>	<p style="text-align: center;">Brattleboro CBOC (White River Junction, VT, VA) 71 GSP Drive Brattleboro, VT 05301 Phone: (802) 251-2200 Fax: (802) 251-2277 Hours: 8am – 4:30pm, Mon, Wed , Thurs, Fri 10:30am – 7:00pm, Tues</p>	<p style="text-align: center;">VA Burlington Lakeside Clinic (White River Junction, VT,VA) 128 Lakeside Ave. Suite 260 Burlington, VT 05401 Office: 802-657-7000 Fax: 802-657-7077 Hours: Mon, Tues, Thurs, Fri 8am to 4:30pm; Wed 8am to 7pm</p>
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<p>Keene CBOC (White River Junction, VT, VA) 640 Marlboro St, Rte 101 Keene, NH 03431 Fax: (603) 358-4977 Phone: (603) 358-4900 Hours: 8am - 4:30pm, Mon-Fri</p>	<p>Littleton CBOC (White River Junction, VT, VA) 264 Cottage Street Littleton, NH 03561 Phone: (603) 575-6700 Fax: 603-575-6778 Hours: 8am - 4:30pm</p>	<p>Rutland CBOC (White River Junction, VT, VA) 232 West Street Rutland, VT 05701 Phone: (802) 772-2300 Fax: (802)-772-2377 Hours: Mon-Fri. 8 am - 4:30 pm</p>
<p>Newport CBOC (White River Junction, VT, VA) 1738 Crawford Farm Rd Newport VT 05855 Phone: (802) 624-2400 Fax: (802) 624-2477 Hours: Tues 8 am to 4:30 pm, Wed. 10:30 am to 7pm, Thurs. 8am to 4:30 pm</p>	<p>VA Medical Center 215 North Main Street White River Junction, VT 05009 Phone: (802) 295-9363 Practice Hours: 7 Days a week 24 hours</p>	

Employment and Training

The Homeless Veterans' Reintegration Program (HVRP): HVRP is the only federal program wholly dedicated to providing employment assistance to homeless veterans. DOL-VETS acknowledged that employment is the key to successful transition from homelessness to a life of self-reliance, dignity and promise. The program fosters inter-agency and community cooperation among homeless service providers; offers supportive services and vocational training; and as provides critical linkages for a variety of supportive services that include the entire continuum of care in their local communities. Veterans Inc.'s Employment and Training Specialists utilize a case management approach using client intake assessments and progress reports to identify individual needs and to develop practical individual performance plans. The program is "employment focused" and veterans receive the employment and training services they need in order to maximize potential for successful, long-term employment and permanent self-sufficiency. Qualifying Veterans are eligible for long term support with: **Debra Howard** VA Medical Center, White River Jct., VT (802) 295-9363 x4653

Job placement	Job development	Resume preparation
Training	Career counseling	Interviewing skills

Homeless Veteran Supported Employment Program (HVSEP) provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless Veterans and Veterans at-risk of homelessness. Formerly homeless Veterans who have been trained as Vocational Rehabilitation Specialists (VRs) provide these services. To learn more about this program contact one of the VA homeless outreach workers. **VA's Compensated Work Therapy (CWT) Program** is a national vocational program comprised of three unique programs which assist homeless Veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is higher. **VA's National Cemetery Administration and Veterans Health Administration** have also formed partnerships at national cemeteries, where formerly homeless Veterans from the CWT program have received work opportunities. To find out more about this program at the WRJ VA call (802) 295-9363 extension 4298.

The Vocational Rehabilitation and Employment (VR&E) VetSuccess Program assists Veterans with [service-connected disabilities](#) to prepare for, find, and keep suitable jobs that will not aggravate or exacerbate service connected conditions. Services that may be provided include: Comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment; employment services which include assistance finding and keeping a job. If you are interested in applying for Chapter 31/VR and E services, please apply online. To learn more about this VR and E/Chapter 31 program go to www.vetsuccess.gov.

State of Vermont Department of Labor

The following Department of Labor Career Resource Centers will be able to assist you in connecting with a Veterans representative, who can assist you with your job search. Most are open Monday through Thursday 7:45AM-4:30PM and Fridays 9:45AM-4:30PM.

197 Harrell Street Morrisville, VT 05661 (802) 888-4545	Emory E. Hebard State Office 100 Main St., Suite 210 Newport, VT 05855 (802) 334-6545	1197 Main Street, Suite 1 St. Johnsbury, VT 05819 (802) 748-3177
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State of NH Department of Employment Security-The State of New Hampshire offers a job match system, job search resources and services through NH Works (www.nhworks.org), and information about job security and state trends at their website <http://www.nh.gov/residents/working.html>. Also see the offices listed under the Division of Family Assistance for the State of New Hampshire where Employment Programs exist as well.

Berlin, NH Employment Security-151 Pleasant St, Berlin. The office is open Monday through Friday 8:30 am to 4:30 pm. Brian Toney, Veterans Service Officer, is available on the 1st Wednesday of the month at 10:00 am to 2:00 pm to assist Veterans with application for service connected claims. Robin Lavertu, Veterans Employment Services Specialist, is available Mondays and Tuesdays from 8:00 am to 4:30 pm and Thursdays from 8:00 am to 2:00 p.m. to assist Veterans who have barriers to work. To contact Robin Lavertu call (603) 752-5500 ext. 92316

Littleton, NH Employment Security- 646 Union Street, (603) 444-2971. The Office is open Monday through Friday 8:00 am to 4:30 pm.

Plymouth, NH Employment Security: The Veteran representative is available on the 3rd Wednesday of every month at the Plymouth Whole Village Family Resource Center. To schedule an appointment call (603) 538-9318 or (603) 536-3720.

Maine Department of Labor:

Call: (207) 623-7900

NH State Departments of Vocational Rehabilitation

If you are disabled and would like to re-enter the job market, you may contact a local office for the State's Department of Vocational Rehabilitation. Meet with a Benefits Counselor and attend an orientation will help you with determining how much money you are allowed to make while collecting Social Security Disability Income and/or Supplemental Security Income benefits as well as the roles, responsibilities of you, the job seeker, and the State Agency. You will most likely meet with a Vocational Rehabilitation Specialist to determine your interests, examine your job history, and review any modifications or accommodations needed on account of your disability.

3 Twelfth St, Unit A Berlin, NH 03570 (603) 752-2271	103 Roxbury St Keene, NH 03431 (603) 357-0266	Rivermill Complex 85 Mechanic Street Suite 260A Lebanon, NH 03766 (603) 448-5793
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Vermont State Department of Vocational Rehabilitation

VocRehab offices in Vermont are located in the towns of Barre-Montpelier, Middlebury, Newport, St. Albans, Springfield, Bennington, Brattleboro, St. Johnsbury, Rutland, White River Junction, Burlington, and Morrisville. **VT VocRehab (Vermont) 1-866-VRWORKS**

National Guard & Other Deployment Supports

Veterans and their Family Assistance Centers (FAC) and Military Family Community Network (MFCN)
 Service Member and Family Services 24 Hour Emergency Assistance: 1-877-598-0666.

Barbara Hartlen, NHNG Family Program,

Family Assistance Center Specialist 350 Meadow Street, Littleton NH 03561 Office: (603) 715-3454,
Cell: (603) 724-7216, Fax: (603) 715-3762 Barbara.a.hartlen.ctr@mail.mil

If you are recently returning from military service, Family Assistance Centers and the Military Family and Community Network are information and referral "one stop shopping" organizations that can assist families in becoming connected to resources and services of assistance.

Care Coordination Program – NH: Recognizing the significant mental health, physical, financial and educational needs of returning Service Members from the Global War on Terror, as a partnership with the NH National Guard, ProForce, and community resources to ensure a safety net for the population and encouraged continued service in the military. Whether our Soldiers, Airmen, Marines, Sailors or Coast Guard personnel live, work or drill in the Granite State, they and their families may receive services within the program. Care Coordinators look at each client individually and come up with the appropriate care plan that meets their specific needs and overall success. 1-888-989-9924 or <http://www.ccpnh.com>.

Easter Seals Veterans Military Veteran Services

The Family Resource Center at Gorham NH: Sue Watson (603) 466-5190 ext. 303
Easter Seals New Hampshire Deployment Cycle Support Care Coordination Program
555 Auburn St., Manchester, NH 03103 (603) 623-8863/(800) 870-8728 www.nh.easterseals.org

Pro Force Care Coordination Program: Helps to enhance the retention, readiness and reintegration of service members and their families. 888-989-9924 <http://www.ccpnh.com>

Veteran Resource Websites

www.aarp.org/family - eldercare locator, senior resources.	www.agis.com - eldercare resource, navigates Medicare and Medicaid basic.
www.archives.gov – The National Archives, veteran’s documentation.	www.dedicatedpatriots.com - Liberty House shelter, Manchester NH.
www.iod.unh.edu - assists the disable in NH.	www.defendamerica.mil – news about frontline troops.
www.dmdc.osd.mil/rsl/owa/home -search engine for locating US military bases.	www.dhhs.state.nh.us/DHHS/BEAS - support programs for NH residents.
www.nhredcross.org - offering aid to military families	www.gsil.org – assisting adults with disabilities.
www.goodnewsgarage.org - donated and refurbished vehicles for low income clients.	http://www.hud.gov/local/nh/homeless - assist with security deposit loans, emergency assistance and transitional housing.
www.dav.org –national volunteer transportation network	www.military.com - service member specific, military history and customs.
www.milspouse.org -employment, education, relocation for military spouses.	www.militaryonesource.com –information and referral service. Free select counseling sessions.
www.nheasterseals.com – Veterans Count program. Support for military families.	http://nhes.state.nh.us –provides a broad range of assistance and self-directed employment and career related services.
www.eldercarelink.com - nationwide network of select eldercare providers.	www.nh.gov/veterans – New Hampshire State Veterans Home, Tilton NH.
www.suicidepreventionlifeline.org –services provided by mental health professionals.	www.usacares.org – A national site covering the needs of military families.

www.manchester.va.gov – Veterans Admin Medical Clinic, Manchester, NH.	www.whiteriver.va.gov – Veterans Administration Medical Facility, Vermont.
www.nationalresourcedirectory.gov -resource for everything military.	www.wvchapter41.org -A website dedicated to women veterans.
www.nhlegion.org - NH American Legion website.	www.nh.ngb.army.mil – NH National Guard website.
www.socialsecurity.gov -Social Security Administration.	www.vfw.org - A national site dedicated to Veterans of Foreign Wars.
www.va.gov – Federal Government military website.	www.vnavnh.org -Visiting Nurse Association of NH & VT.
www.nami.org – National Alliance on Mental Illness.	www.vetcenter.va.gov –Vet Center resources.
www.nhcarepath.org –Information for services and supports for veteran who have served or currently serving and their families.	www.servicelink.nh.gov/links/military -Links for Military-Veteran Population and Their Families

NH Post Directory VFW post directory

Whitton-Pelton P4354 42 River St Alstead, NH 03602 Phone: N/A	Francis P. Murphy P5386 PO Box 380 Bartlett, NH 03812 (603) 374-2764	Richard K Harvell P8401 PO Box 10144 Bedford, NH 03110 (603) 624-6836	White Mountain P 2520 1107 Main St Berlin, NH 03570 (603) 752-9754
Newfound Area Memorial Post 10640 30 Hillside Ave Bristol, NH 03222 (603) 744-8810	Charlestown Memorial P8497 PO Box 1337 Charlestown, NH 03603 (603) 826-5186	Oliver Lacasse Post 808 150 Charlestown Rd Claremont, NH 03743 (603) 542-9353	Contoocook Post 11490 IOOF Hall Park Ave Contoocook, NH 03229 (603) 746-4959
Concord Post 1631 6 Court Street Concord, NH 03301 (603) 228-8907	Mt. Washington Valley Post 11557 PO Box 1111 Conway, NH 03818 (603) 323-7988	Derry Memorial P 1617 18 Railroad Ave Derry, NH 03038 (603) 432-3975	Dover Post 12060 PO Box 2215 Dover, NH 03821 Phone: N/A
Franklin Post 1698 PO Box 143 Franklin, NH 03235 (603) 934-9869	Little Monadnock P10289 PO Box 72 Fitzwilliam, NH 03447 (603) 585-9514	Ammonoosuc Valley P 6808 8 Craggy Road Groveton NH 03582 (603) 636-1634	Hampstead Post 11254 PO Box 1 Hampstead, NH 03841 Phone: N/A
Hinsdale Memorial P4234 PO Box 99 Hinsdale, NH 03451 (603) 336 6210	Hollis Memorial P11373 PO Box 1012 Hollis, NH 03049 (603) 465-2301	Hudson Memorial P5791 PO Box 430 Hudson, NH 03051 (603) 882-2136	Jaffrey Memorial P5613 PO Box 483 Jaffrey, NH 03452 (603) 532-8887
Keene Daley Whipple Post 799 PO Box 24 Keene, NH 03431 (603) 357-0149	Kingston Memorial P1088 93 Route 125 Kingston, NH 03848 (603) 642-5510	John W. Weeks P3041 259 Main Lancaster, NH 03584 (603) 788-3312	Whitefield Post 10675 8 Starr King Park Lancaster, NH 03584 (603) 788-8045
Howard H. Shawney Post 816 600 Cottage St, Littleton, NH 03561 (603) 444-5750			

Vermont VFW post directory

Bennington County Post 1332 137 North Street, Bennington, VT 05201 (802) 447-1969	Carl M. Dessaint Post 1034 P.O. Box 8233 Brattleboro, VT 05304 (802) 257-0438	Howard Plant Post 782 176 So. Winooski Ave. Burlington, VT 05401 (802) 864-6532	Castleton Bicentennial Post 8284 RT 4A Castleton, VT 05732
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Coburn Eastmann Chelsea Post 8451 PO Box 35 Chelsea, VT 05038 (802) 685-4307	Mac Kenzie-Webster Post 790 527 US-302, East Barre, VT 05649 (802) 479-9073	Essex Junction Post 6689 73 Pearl Street Essex Junction, VT 05452 (802) 878-0700	Grand Isle Post 10854 St. Joseph's Church Grand Isle, VT 05458
Howard B. Perry P 765 Rte. 125 Hancock, VT 05748	Hyde Park Post 7779 P.O. Box 237, Hyde Park, VT 05655 (802) 888-7779	Random Island Pond 2309 PO Box 399 Island Pond, VT 05846 (802) 723-9862	Lyndonville Post 10038 156 Hill St. Lyndonville, VT 05851 (802) 626-8632
Harned Fowler P6471 PO Box 181,Manchester Center, VT 05255 (802) 362-9840	Addison County P7823 530 Exchange Street Middlebury, VT 05753 (802) 388-1011	Brown-Johnson Post 792 1 Pioneer St., Montpelier, VT 05620 (802) 229-9028	Lamoille County Post 9653 PO Box 491, 28 VFW St. Morrisville, VT 05661 (802) 888-5535
Alfred Pepin Post 798 PO Box 312, Newport, VT 05855 (802) 334-2627	Green Mountain P9449 7 School St, Randolph, VT 05060 (802)728-5391	Rutland County Post 648 15 Wales St Rutland, VT 05701 (802) 775-0722	Robert E. Glidden Saint Post 758 353 Lake St. St. Albans, VT 05478 (802) 527-0956
Ralph J. Mollica P793 204 Eastern Avenue St. Johnsbury, VT 05819 (802) 748-6008	Robert L. Johnson P 771 P.O. Box 568 Springfield, VT 05156 (802) 885-6008	Charles P. Daprato P 778 8 Merchants Row Swanton, VT 05488 (802) 868-3687	White River Jct Post 2571 P.O. Box 282 White River Jct., VT 05001 (802) 295-9745
John Ryan Post 1767 6 Maple St Winooski, VT 05404 (802) 655-9832			

NEW Hampshire American Legion Post Directory

Guyer-Carignan P22 189 Mechanic Street - Lebanon, NH 03766 (603) 448-3429	Ingerson-Smith P41 44 LITTLETON RD WHITEFIELD, NH 03598 603-837-3173	Strong-Nourse P68 2400 ST JOHNSBURY RD LITTLETON, NH 03561 Phone:603-444-4802	Fredonwarell Post 17 206 STATE ST GROVETON, NH 03582 603-636-2408
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Sorrell-Maynard P63 48 DEPOT SQ NORTHFIELD, VT 05663 802-485-6713	Mad River Post 75 317 MEADOW RD WAITSFIELD, VT 05673 802-793-2238	Chelsea, VT Post 61 CHELSEA FIRE HOUSE RT 110 CHELSEA, VT 05038 Phone:NA	Randolph Post 9 19 S PLEASANT ST RANDOLPH, VT 05060 Phone:NA
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References

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Health Care for Homeless Veteran (HCHV) participant handbook

The 2017 Veterans Resource Guide is revised once a year. If you have any revisions or edits (to the Guide), comments or questions, please contact:

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